

Self Help Inc.
COORDINATED FAMILY &

COMMUNITY ENGAGEMENT
The Community Action Agency of Greater Brockton and Attleboro
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Newsletter

February/March 2017



[CFCE FY '17-'18 Community Needs Survey \(CNS\)](#)

We need your input...we will be responding to our FY 18 COMPETITIVE CFCE Grant shortly, and your input is needed. The information and feedback we gather from our annual CNS, assists us in planning needed services, responding to our funding source (MA Dept of EEC), and informing our legislators of our impact on the families of the

Commonwealth!

Please keep your eye out for an email in the next week containing the link to complete the survey!

Thank you in advance for your valuable input :-)



Winter isn't a time to just stay indoors and wait for spring. There's a whole wonderland of sports out there for the entire family -sledding, snowboarding, and skiing to mention a few. Plus, someone has to shovel the snow, right?

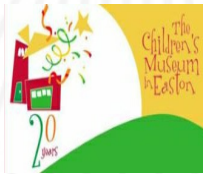
Once outdoors, however, take precautions to keep your family safe. In ice and snow, accidents can occur easily, and before you know it you might be on your way to the emergency room.

It's easy to keep safe - and stay fit - during the cold months. By following a few tips, you can have a great time, no matter how much white stuff piles up outside.

[CLICK HERE TO READ MORE...](#)

FEBRUARY VACATION IDEAS!

Rollerskating in Whitman at Carousel Family Fun Center. [Click Here](#) for details



Check out the special events happening at the [Children's Museum in Easton](#) during vacation week! [CLICK HERE](#)

The Museum of Fine Arts in Boston has children's programs scheduled for the vacation week.

[CLICK HERE](#)



How about a family trip to **Cape Cod's Bayside Resort!** Start your Spring Break Getaway off having breakfast with Olaf, Elmo, SpongeBob or Tigger. After breakfast there are events like Family Bingo, Arts and Crafts or Wii on the Big Screen. During the afternoon we have Pizza Parties, Magic Shows, Rainforest Reptile Shows, Mad Science Discovery Shows and Cookie Decorating. In the evenings enjoy Kids Karaoke, Ice Cream Socials, Marshmallow Roasts, and PJ

Movie Nights. Check out all of the details by clicking [HERE!](#)

Patriot's Place: Winter Skate brought to you by Harvard Pilgrim HealthCare, offering day and evening public skating, is the perfect remedy to cabin fever this winter. [CLICK HERE](#) for details



Click on each for details to all Attractions!



[CLICK HERE](#) for **South Shore Children's Museum** website

Bowling and Ice skating

Bowling

Union Street Lanes
231 Union St.
Holbrook, MA 02343
781-767-1313

Timber Lanes
460 Bedford St. (Rt. 18)
Abington, MA 02351
781-878-0219

Splitsville Luxury Lanes
220 Patriot Place
Foxborough, MA 02035
508-698-2695

North Bowl Lanes
71 E. Washington St.
North Attleborough, MA 02760
508-695-2695

Viking Recreation Center
607 Bedford St. (rt 18)
East Bridgewater, MA 02333
508-378-9830

Kings Bowl of Dedham
600 Legacy Place
Dedham, MA 02026
781-329-6000



Ice Skating

Boch Ice Center
1105 East ST.
Dedham, MA
781-326-0085

Foxboro Sports Center
10 E Belcher Rd
Foxborough, MA 02035
508-698-0505

Bridgewater Ice Arena
20 Bedford Pk
Bridgewater, MA 02324
508-279-0600

Pirella Veterans Arena
910 Panther Way
Franklin, MA 02038
508-541-7024

Zapustas Arena
240 North St.
Randolph, MA 02368
781-961-0938



FOR MORE IDEAS CHECK OUT THESE WEBSITES:

<http://www.familydaysout.com/kids-things-to-do-usa/massachusetts>

<http://www.massvacation.com/explore/holidays/february-vacation/>

<http://www.365thingsouthshore.com/>

Try These Winter Activities with your Child!



[CLICK HERE](#) FOR DETAILS AND DIRECTIONS

New Resource



LEARN MORE DO MORE SHARE MORE

Affordable Internet at Home for Eligible Households
\$9.95a month + tax

NO CREDIT CHECK

NO INSTALLATION FEE
NO TERM CONTRACT
10 Mbps
IN-HOME WiFi INCLUDED

Check it out at internetessentials.com

Kindergarten Readiness!



Self Help/CFCE covers 23 towns across southeast MA. This year we will be sending out specific registration information per town. If you haven't already received an email one should be coming your way in the next couple of months. As always you can call the public school in your town for information.

[Click Here](#) for a list of public school websites

Kindergarten Readiness Groups will be in full force from mid winter through the spring! Check it out below

[Click Here](#)



Check out this itunes Kindergarten Readiness App!

[Click Here](#)



**CHECK OUT OUR CFCE CALENDAR OF
ACTIVITIES BY CLICKING THE LINK BELOW!!**



ALWAYS FREE!!

<http://selfhelpcpc.org/calendar/>

COMING IN MARCH!



Read Across America Day is a nationwide reading celebration that takes place annually on March 2nd-Dr. Seuss's birthday. Across the country, thousands of schools, libraries, and community centers participate by bringing together children and books, and you can too!

Look for an email that will be sent out at the end of February with the specifics around participating in our project this year!

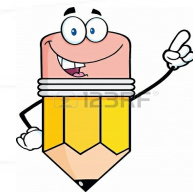
FREE TAX PREPARATION



In 2016, NeighborWorks Southern Mass was able to help 532 members of local communities complete their 2015 taxes as a part of the Volunteer Income Tax Assistance (VITA) program. VITA offers free tax help to people who generally make \$54,000 or less, persons with disabilities, the elderly and limited English speaking taxpayers who need assistance in preparing their own tax returns. IRS-certified volunteers provide free basic income tax return preparation with electronic filing to qualified individuals.

[CLICK HERE](#) FOR MORE INFORMATION

Please give us a call for any resource you may need: Mental Health, Fuel Assistance, WIC, Kindergarten Readiness, etc. You name it...We'll point you in the right direction!



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NEWSLETTER CREATED BY
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Funds for this program are provided through a grant from the MA Department of Early Education and Care's Coordinated Family and Community Engagement Grant Program. For information about our program or to attend more of our activities please visit our website at www.selfhelpcpc.org or call our office at 508-559-1666.



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