

Babies grow and change so quickly!

Young children are learning new things every day!

Do you have questions about your child's development?

Are you interested in learning new activities to help your child learn?

Self Help Inc. Coordinated Family and Community Engagement has partnered with the **MA Department of Early Education and Care's** program called **Help Me Grow**, to provide families with access to a simple screening tool to help answer some of these questions. Ages and Stages (ASQ) is a set of questionnaires about children's development. It has been used for more than 20 years to make sure children are developing well. It is called a screener because it looks at how children are doing in important areas, such as speech, physical ability, social skills, and problem-solving skills. ASQ can help identify your child's strengths as well as any areas where your child may need support. **As a parent or caregiver, you are the best source of information about your child.** That's why ASQ questionnaires are designed to be filled out by you. You will only need 10–15 minutes. It's that quick and easy. There are 2 sets of questionnaires: **ASQ-3** which looks at **overall total development** and **ASQ:SE** which looks more closely at **social and emotional development**. You are welcome to complete just one or both!!

ASQ can be used with children from 1 month to 5 ½ years old and can be done at multiple intervals during your child's first five years of life! If your child has trouble with some skills, Self Help Inc. CFCE will help you with next steps. You are an active partner in your child's learning and development. By completing ASQ questionnaires, you are making sure your child is off to the best possible start!

If interested in getting started, please complete the consent and return it to Self Help Inc. CFCE Staff or your NRCFN Group Facilitator. For questions please call 508-559-1666 x128 or x126 OR email cpc@selfhelpinc.org



How can the ASQ-3 help you?

- Completing the ASQ questionnaire can give you a great idea of what your child's strengths are, and what areas they may need more practice with.
- Bring the results to your annual pediatrician visit, it can be a great way to start a conversation!
- Learn new simple activities to help support your child's individual developmental progress.



Please return this completed form to your CFCE Specialist/NRCFN Group facilitator OR mail/fax it to:

Self Help Inc. CFCE
780 West Main Street
Avon, MA 02322
ATTN: ASQ
Fax: 508-583-3808



The first 5 years of life are very important for your child(ren) because this time sets the stage for success in school and later life. During infancy and early childhood, you child(ren) will gain many experiences and learn many skills. It is important to

ensure that each child’s development proceeds well during this period. We are excited that you are taking this step to learn more about your child! SHI CFCE staff are able to enter screening data into the ASQ Online database. The database allows us and EEC to view aggregate, or totaled, information to determine screening trends, future trainings for CFCE providers, and policies. Aggregate scores tell us how many children have been screened within a certain time period, the average age of when Massachusetts children are screened, or if the ASQ English or ASQ Spanish was used. ***Your child's information and screening scores will never be analyzed or shared at the individual level.*** If you do not wish to have this information entered online, you may decline this option (below) and still have you child screened with the ASQ tool

Please read the text below and **check** the desired Questionnaires you would like to complete:

I have read the provided information about the ***Ages & Stages Questionnaires (ASQ)***, and I wish to have my child(ren) participate in the monitoring program. I will fill out the questionnaires about my child’s development and promptly return the completed questionnaires.

- I would like to complete the ASQ-3 (which looks at overall development)
- I would like to complete the ASQ:SE (which looks more closely at social emotional development)
- I would like to complete BOTH ASQ Questionnaires

Please choose one option below:

I would like to complete my requested questionnaires via a ***hardcopy*** that will be mailed/given to me. The address given below is my *mailing address*.

- I also **consent** to have my questionnaire information entered into the **ASQ Online system**.
- I **DO NOT** consent to have my questionnaire information entered into the ASQ online system.

I would like to complete my requested questionnaires **ONLINE**. The email address given below is where I would like the online link emailed to. ****Questionnaires completed online are automatically entered into the ASQ online system.***

| | |
|---|--|
| Parent or Guardian's signature | Date |
| Parent or Guardian's name (please print) | Email – <i>please print clearly</i> |
| Mailing address (street, city zip) | |

| Child Name | DOB | # weeks premature (only if 3 or more weeks) |
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