

Staff Person	Age Range	Activity	Description
Nancy Swirka	Ages 3-5	All My Feelings	An interactive program to help children to learn about everyday feelings and how to express them appropriately.
Carol Carver	Age 5 -3rd Grade	Animal Art	Families will learn about a particular animal- trivia facts to research and share- and then create animal art by using their hands as tools for design, texture and color
Carol Carver	Ages 3-5	Ants on Parade	This seasonal Spring gathering will involve Ants. We will discover how important it is to respect the ant as a living creature, we will learn about their homes and daily activities as well as design an ant creatively for art.
Carol Carver	Ages 3-5	Bird Beak Buffet	We will focus on understanding and discovering bird's behaviors and actions in the world around us through hands-on sensory bins and movement during Spring seasonal times
Gina McGarrigle	K-3rd Grade	Book Explorers	A monthly theme based parent child activity for children in grades Kindergarten – 3rd grade. This literacy based program offers children the opportunity to read aloud to the larger group, participate in small group activities, and crafts. Topic have included but are not limited to: Reader's Theatre, introduction to poetry, American historical figures, Mad Libs etc.
Gina McGarrigle	Varies	Buddy Night	Playgroup style activity for Dads, granddads, Uncle's or any significant male figure and their child. Buddy Night's are 1 hour in the evening and include, free play, circle, craft and snack. Activities are literacy based that include stories and songs. Open to toddlers through preschool age children.
Carol Carver	Ages 4-Kindergarten	Fall Forest Animals and Looking at Leaves	Families will learn about particular Fall animals, such as an Owl, and the fall environment outdoors. Trivia facts will be researched and shared and then they will create animal art by using their hands as tools for design, texture and color
Carol Carver	Ages 3-5	Friendship Community	All of us will be working together, in movement and song - learning about friends, sharing, taking turns, and creating. Friendship bracelets to share!
Nancy Swirka	Ages 3-5	Get connected with Nature	An interactive program that focuses on animals and the environment in Massachusetts. Parent/child activity including a circle time with discussion, movement, stories and hands on activities relating to the animal theme.
Marsha Wright and Gina McGarrigle	Ages 3-5	Get on The Bus- Kindergarten Here We Come	This ten week play group is geared towards children who will be entering Kindergarten the following September. It will begin in January and run through May. Each month the group will meet for two ninety minute sessions. The children will be engaged in a variety of developmentally appropriate activities to prepare them for Kindergarten. The parents will be given a brief half hour informational discussion on a variety of topics related to preparing their child for kindergarten such as transitioning from one setting to another, developing a partnership with their child's teachers, bus safety etc. . Each session the children will receive a packet of activities to extend the concepts presented in the session to home. There will be some "homework" incorporated into the ten weeks. At the end of the sessions each child will create a special memory book which helps them make the bridge from preschool to kindergarten and beyond. Each family will receive an additional packet of activities to use with their child during the summer months.
Carol Carver	Ages 3-5	I SPY Playgroup	This playgroup will run for 6 weeks for a small group of families that the Middleboro Public School has referred, due to need for support in a preschool setting since their child did not meet the screening requirements for special education but needs involvements socially and emotionally. The 1 ½ hours is set up like a typical preschool classroom routine but will also include activities that support children/parents in dealing with stressful times as well as having the parents observe positive strategies being used during the classroom time that they can then take and practice at home.
Carol Carver	Infant & Young Toddler	Infant Massage	Infant massage specialist will work with families to learn and practice a massage routine that they can use daily with their infant or young toddler at home. It can provide some special calming and bonding time with their little ones!!!

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Nancy Swirka	Ages 4-5	Kindergarten readiness	An interactive program to familiarize children with what to expect in kindergarten and to allow them to express feelings and ask questions about this transition. Program involves circle, story and hands on activities.
Karen Mitchell	Ages 2-5	Learn Through Play	A monthly parent/child activity held at local libraries for children 2 to 5 years of age. Each month children come for free play, read a story, and do an activity based on that story. Songs and dance are also introduced each month. Children are encouraged to interact with each other for social skill building. (Parents also network)
Karen Mitchell	Ages 3-5	Literacy Based Playgroup	A parent/child activity held weekly with the emphasis on literacy. The group runs between 10 – 14 weeks. Children are between 3-5 years of age. An informal curriculum is based on a book and an activity that coincides with that particular book. Children learn the letters of the alphabet, and how to recognize their name as well as others in their group. Handouts with information and ideas on language and literacy are given to parents weekly. Families currently/formerly involved with Early Intervention are given priority enrollment.
Carol Carver	Ages 3-5	Looking at Leaves	This is a seasonal story time gathering about fall leaves, where everyone will be using their senses indoor and outside, making observations, playing games and creating an art project.
Carol Carver	Ages 3-5	Lunch for a Bear	This is a seasonal winter activity about what black bears eat and where they live, as well as tracks they leave in the snow. This activity time will include working as part of a group INDOORS & OUTDOORS! Please bring appropriate clothing for a short outdoor play time in the winter time
Marsha Wright	Grades 1-5	Magic Carpet Book Club	A monthly program that is geared towards children in grades one through five. Each month children will explore a variety of movements in American history. The first program includes a visit to Ellis Island through the eyes of a young girl. Children will read and discuss a story during each hour long session and create a bulletin board or develop an activity that relates to the monthly topic. The group will also do a 5 minute presentation for their parents at the end of each group.
Marsha Wright	All Ages	Ms. Marsha's Stories	This literacy based activity is a drop in story time held at the Border's Bookstore in Dedham. Each month a variety of stories are read around a specific theme. A simple craft that coincides with the stories is completed during the forty five minutes session. In addition a few songs are woven into the session to compliment the stories. Caregivers are provided with information that pertains to literacy development which includes additional activities and books to read at home.
Marsha Wright	All Ages	Music and Movement	Music and movement is a fast paced forty five minute program for caregivers and young children that combines music and rhythm with movement. Caregivers and their children participate in a forty five minute session singing and dancing to the latest and greatest song for young children. This program introduces children to a variety of instruments and props that they use to express themselves during the songs. A combination of well known children songs are interspersed with lesser known songs that are developmentally appropriate for young children. Each session includes a selection of songs at the outset that help the children learn to listen to the facilitator and each other. It then moves onto a section of songs that are well known by both caregivers and children. The session then begins to move into the high energy fast paced songs that encourage everyone to move their bodies and get their hearts pumping! The last section of songs help the children to begin to calm back down and prepare to return to their daily activities. A simple craft is completed during each session which provides the children with an instrument or prop to use along with one of the songs. Caregivers are given handouts which details the important connections between music and literacy development. They also receive a song list which includes the artists names and where to find the music as well as several activities to continue to enjoy music and movement at home. At the end of each session the program is raffled off to one of the families.
Gina McGarrigle	Ages 4 -5	Piggy Bankers	This three week parent child activity in collaboration with Harbor One Bank introduces children to the concepts of earning, spending and saving money. Each week will concentrate on one of the three concepts. The last group will end with the children being able to open their own savings account, and will be given the first deposit. The group will conclude with a parent workshop and discussion on Financial Literacy. Child care and a light dinner will be provided for the parent workshop.

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Marsha Wright and Gina McGarrigle	Ages 3-6	Play N Learn	Play N Learn is a monthly themed based play group for children ages 3-6 and their caregivers. It is designed to bring "a little piece of preschool" into the library settings where each program is held. Children are engaged in a variety of activities that pertain to a theme which typically include a science, math, literacy, and creative art project. Manipulative toys and sensory based activities are also included. There is a circle time built into the program which includes songs related to the theme and several stories. Children are encouraged to participate in circle by answering and asking questions and sharing their knowledge about the topic. The hour long program concludes with a special activity that pertains to the program theme. Caregivers are provided with information that includes a handout of activities to extend the program theme to home. In addition a variety of handouts are provided that pertain to literacy, basic development, and time sensitive issues such as developing good routines, reducing Holiday stress, activities to brighten up winter days, basic child development etc. throughout the program year. Additionally caregivers are allowed to bring their younger children when needed-there are always a few toys and activities available designed for younger children.
Gina McGarrigle	Ages 3-5	Playgroup	A weekly parent/child activity that runs for several consecutive weeks at two different times of the year (fall and Spring). This group is 1 ½ hours long and is a theme based, structured learning environment with flexibility based on the needs of the group. Playgroups offer the parents and the children opportunities to participate in educationally based activities that include literacy, math, science, crafts and sensory play. All the activities are hands on learning experiences that are developmentally appropriate. Playgroups are a great way for parents to introduce their children to preschool and enhance their social emotional development. Participation in activities are encouraged by the facilitator but not mandatory.
Carol Carver	Ages 2.9-school age	Ready-Set-Swap	Families bring a flowering plant to swap for another to bring home. Children are engaged in a variety of learning centers that focus on gardening and planting as well as story times and movement fun!
Carol Carver	Toddlers	Rhythms & Rhymes	Families will be actively engaged in music and movement to various nursery rhymes with their toddlers.
Nancy Swirka	Ages 3-5	Sometimes I Get Mad	An interactive program to help children learn to understand and manage their angry feelings. Program involves circle, story and hands on activities.
Carol Carver	Ages 4-kindergarten	Spring Bugs	Families will learn about particular Spring bugs, such as an Ant, and the spring environment outdoors. Trivia facts will be researched and shared and then they will create animal art by using their hands as tools for design, texture and color
Marsha Wright	Ages 2-6	Take it Outside with Ms Marsha	This drop in activity is geared for caregivers and young children ages 2-6. In the fall and Spring there will be three opportunities to participate in a simple Nature activity with Ms. Marsha. Families will meet in the parking lot of the Newbridge Center in Dedham, Pequitside Farm in Canton, or Borderland State Park in Sharon for a forty five minute fun filled exploration of these beautiful nature preservers. Parents will receive information at the close of the program on the importance of experiencing nature along with some activities to do with their child to extend the experience to home. This drop in activity will meet in the Spring and the Fall-there will be one rain date planned in case of inclement weather.
Marsha Wright	Ages 2-6	Teddy Bear Pic Nic	This parent child activity is about one hour to one and a half hours long and may include a meal. Typically held in the evening or early morning at a providers site parents and children are engaged in a variety of stories and songs around the teddy bear theme. Simple crafts are completed that are aligned with the teddy bear theme. Children are encouraged to bring a stuffed friend and if it is appropriate wear their pajamas. Parents receive a packet of information around developing good routines and transitions. Information packets are tailored to the needs of the group. For example the evening Teddy Bear Pic Nic program includes information on bed time routines, a morning session may include information about developing strong daily routines or friendship. The "hosts" of the event have input into the types of information provided to the parents. Although this event is booked through a provider or parent group it is open to all families in the area.
Carol Carver	Ages 3-5	Teddy Bear Picnic	Parents and children come together to talk about and put together healthy foods and snacks

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Karen Mitchell	K-3rd Grade	The Bucket Fillers Club	A FREE monthly parent/child activity for (school aged) children in Kindergarten up to Grade 3. A story is read to the children and then discussed by the children. All story books have a social theme. Children then do an activity that supports the theme of the book. Valuable lessons about building friendships, being kind, having empathy and tolerance towards others are the cornerstone of this group.
Carol Carver	Ages 3-5	The Gift Of Rhyme	Everyone will be expressing their creativity and imaginations with Literacy along with the acknowledgement and rhythm of rhyming words, phrases in books for young children to hear.
Carol Carver and Nancy Swirka	Ages 3-5	Thumbs Up To Problem Solving	**Part 1- Thumbs Up..Feelings-How our bodies and faces change depending on what we are feeling and understanding that all feelings are OK -**Part 2- Thumbs Up..Using Our Words- The importance of using our words to express our feelings so others will listen, understand and try to help us. Strategies of how to slow down, stop and think, and ask what can I do to solve this problem, as well as, ideas will be shared of ways to feel calm inside **Part 3 -Thumbs Up..Cooperation- Working it out together as a team.
Marsha Wright	Infants & Toddlers	Tot Time Sing N Learn	This is a forty five minute group is geared towards infants and toddler ages nine months to three years and their caregivers. This monthly group provides caregivers and their young children a chance to connect and socialize with each other and become engaged by a variety of activities designed to enhance their child's development. At the beginning of the group there are a variety of developmentally appropriate toys designed to engage them and help them to become comfortable with the facilitator. There are a few very simple art projects that can be used as props during the singing portion of the group. The main portion of the group is a music and movement session with simple stories woven into the session. The songs and stories are designed to enhance their vocabulary, introduce them to basic literacy concepts, and provide them with the opportunity to move their bodies. Each month the parents are provided with a variety of handouts that include information about basic development, social emotional development, behavior management, literacy activities, and other pieces of information that will increase the caregivers knowledge of parenting and child development.
Nancy Swirka	Ages 3-5	Transition Magician	An interactive program to help parents and children with everyday routines such as bedtime, mealtime and leaving the house in the AM.
Carol Carver	Ages 3-5	Understanding Others	Learning activities for this topic will stem from social and emotional skills of young children- helping children become caring, competent and confident individuals. We will focus on being kind and fair to others.
Carol Carver	Ages 3-5	What A Wonderful World	Learning activities for this topic will stem from social and emotional skills of your children- helping children become caring, competent and confident individuals. We will focus on respecting all that is around us
Carol Carver	Ages 4-kindergarten	Winter Animals	Families will learn about particular Winter animals, such as the bear and the winter environment outdoors. Trivia facts will be researched and shared and then they will create animal art by using their hands as tools for design, texture and color
Carol Carver	Ages 3-5	Yoga- Exercise & Relaxation	The activity time will include yoga poses, movements, breathing exercises, story time, and sensory experiences
Nancy Swirka	Ages 3-5	Yoga for fun and relaxation	An interactive program to introduce children to simple yoga poses and relaxation techniques